

Chapter 18

DANCES AROUND ME



Every region in our country has a unique culture and tradition. It also has its unique music and dance.



Chirmi dance of Rajasthan



Chham dance of Sikkim



Kommu Koya dance of Andhra Pradesh



Sammi dance of Punjab



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Activity 18.1 My Dance and Nature

Many of our local dances are connected to nature.

For example, you learned a Kannada song in music class, “*Aadona banni kanna muchale tugona banni uyyale.*” The song describes trees, birds, and the nature. Or you can choose nature-related songs, like Rabindra Sangeet’s “*Phule phule dhole dhole...*” describing flowers, rivers, and birds.

Put together all the dance steps with gentle and vigorous movements, hand gestures, and facial expressions and dance to the rhythm of the song.

Note for Teachers:

Refer to a nature song from music class and explain its meaning. Refer to the nature songs in the QR Code on the previous page.



★ Activity 18.2 Learning My Regional Dance

Find out about your regional dance style, traditional music, and other art forms. What kind of music accompanies your dance? Do you find paintings and images of local dance in your region?

Now, choose one of the dances of your region and dance.

Note for Teachers:

Taking the students to a performance of a traditional dance form will help, them in understanding the different elements of the particular dance. This can be discussed in class to let the children share their thoughts and feelings about the dance performance.



ASSESSMENT — Chapter 18: Dances Around Me**Competencies : CG 4 – C-4.1, C-4.2**

Learning Outcomes	Teacher	Self
Learns about dance forms of India eagerly		
Actively discusses about dances		
Eager to learn and present dances		

Teacher's feedback on student's strengths _____**Teacher's feedback on areas of improvement** _____**Any other observation** _____

Summative Assessment

	Individual	Group
1.	Shows one step using different parts of the feet.	Show animal movements in formations.
2.	Shows an emotion of choice — either related to an animal or nature, with hand gestures.	A group dance step.

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NOTES

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